

Trainings	08 April	09 April	10 April	11 April	12 April	13 April
Swimming	15:00 - 16:30	15:00 - 16:30	10:30 - 13:00	10:30 - 13:00	10:30 - 13:00	10:30 - 13:00
Fencing			14:00 - 15:30	14:00 - 15:30	14:00 - 15:30	14:00 - 15:30
Laser Run	10:00 - 11:30	10:00 - 11:30	10:30 - 13:00	10:30 - 13:00	10:30 - 13:00	10:30 - 13:00

<i>BUS FOR TRAINING AND LUNCH 08 & 09 APRIL</i>		Hotel Internacional	Hotel Cristal	Hotel Sana	Swimming pool/fencing
BUS from Hotels to competition venues		10:00	10:10	10:15	
12:30 - 14:00	Lunch - Clube Arneirense				
BUS from Hotels and Venues to Lunch		12:15	12:20	12:20	12:30
13:45	Bus from Lunch to hotels				
BUS from Hotels to Swimming Pool		14:30	14:40	14:50	

<i>BUS FOR TRAINING AND LUNCH 10 - 13 APRIL</i>		Hotel Internacional	Hotel Cristal	Hotel Sana	Swimming pool/fencing
BUS from Hotels to Swimming Pool and Laser Run		10:00	10:10	10:25	
12:30 - 14:00	Lunch - Clube Arneirense				
BUS from Hotels and Venues to Lunch		12:15	12:20	12:20	12:30
13:45	Bus from Lunch to venues and hotel				
15:40	BUS from fencing to hotel				